



# The Theydon Parishes

28th June 2020

Third Sunday after Trinity



The Church of England  
in Essex and East London  
Diocese of Chelmsford

## BENEFICE VISION

**Core Values: Faith, love and community.**

**We seek to live these values by welcoming all, caring and teaching so that we may change lives through sharing love of God in Christ.**

**THEYDON BOIS ST MARY'S  
THEYDON GARNON ALL SAINTS  
STAPLEFORD TAWNEY ST MARY'S  
THEYDON MOUNT ST MICHAEL'S**

A Sunday morning service is available on the Benefice website:  
([www.theydonparishes.org/recorded-services/](http://www.theydonparishes.org/recorded-services/)).

Sunday morning readings: Romans 6.12-end, Matthew 10.40-end

6.00pm Sung Compline

<https://us04web.zoom.us/j/71895355472?pwd=TDdhZTZ0MGpBZ1lrL0dwRGR5czRhUT09>

Meeting ID: 718 9535 5472 Password: 8yvtZt

For those who have not already downloaded the service booklet it is available on the Benefice website.

Wednesday morning service at 10.00am on Zoom:

<https://us04web.zoom.us/j/75932413881?pwd=OTJmZDhCaTV0UzkrQzI0bkFJbU9WUT09>

Meeting ID: 759 3241 3881 Password: 0D5tTa

Tuesday – Thursday Morning and Evening Prayer – reflections posted on the Theydon Parishes Facebook page

Resources for prayer and worship can be found on the Benefice website; or for paper copies please contact the Vicar

## Collect for Third Sunday after Trinity

Almighty God,  
you have broken the tyranny of sin  
and have sent the Spirit of your Son into our hearts  
whereby we call you Father:  
give us grace to dedicate our freedom to your service,  
that we and all creation may be brought

to the glorious liberty of the children of God;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## GENERAL NOTICES

### EMERGING INTO THE NEW NORMAL - A MESSAGE FROM THE VICAR

The last months have been challenging for us all. In the last week, revised guidance has been posted on the national Church of England website, and the Wardens and I are working to implement arrangements for moving forward as soon as possible. Details will be published on the website, and Facebook page in addition to future notice sheets.

### PRIVATE PRAYER IN CHURCH BUILDINGS

Following the recent changes to the guidance for churches, all buildings of the Theydon Parishes are available for private prayer, as follows:

St Mary's Theydon Bois	Sundays	2.00pm-4.00pm
	Thursdays	10.00am-12.00pm
All Saints Theydon Garnon	Tuesdays & Saturdays	10.00am-12.00pm
St Mary's Stapleford Tawney	Wednesdays	10.00am-12.00pm
	1st & 3rd Sundays of the month	10.00am-12.00pm
St Michael's Theydon Mount	2nd & 4th Sundays of the month	10.00am-12.00pm

If you would like aids to prayer, a downloadable set of prayers can be found on the Benefice website. Please bring your own Bible or prayer book for the time being. It is possible to light a candle in prayer in buildings where that is usually available. To make a prayer request, please bring a pre-written card from home and place it on the prayer boards.

### SUNDAY EVENING ZOOM SERVICE

There will be a Benefice Sunday evening service each week at 6.00pm on Zoom, alternating between Sung Compline and Sung Evensong. For those without experience of Zoom, which is a videoconferencing programme, clicking on the link on the front page of this weekly sheet should take you straight to the service without needing to download Zoom. You only need to download the service booklet if you have not already done so on previous weeks.

### CHOIR ANTHEM

St Mary's Theydon Bois Choir is pleased to present as part of today's services its second "lockdown" recorded anthem, *If ye love me*. This is a setting of Jesus' words to his disciples from John 14.15-17 (in the translation by William Tyndale) and apply equally to us - "If ye love me, keep my commandments". The music is by Thomas Tallis (c1505-85), a contemporary of Tyndale. The choir members recorded their

parts individually at home, which is quite challenging, and these were then edited together to provide the final video.

### **FROM ST MARYS' TB MISSION COMMITTEE.**

We have received the following from the local Teams4U co-ordinators: Following last week's virtual meeting of regional co-ordinators, we are writing to let you know that this year's Teams4U shoebox campaign will be going ahead as usual. Despite the impact of Covid19, we are planning to have our usual drop-off point at Loughton Methodist Church and to check/pack shoeboxes during the last weekend in November. We both visited Oradea in Romania to distribute boxes in December 2019 and can assure you of the ongoing immense need for these unconditional gifts of love to be sent to vulnerable children/adults, many living in abject poverty. Thank you for your continued support. With our best wishes in these difficult times, Chris and Fiona.

At St Mary's, we have sent shoeboxes to some of the world's poorest children for many years and joined up with Teams4U last year to send 150 boxes from Theydon Bois. We are hoping to do the same again this year, if we possibly can and are asking for your help. We buy the toiletry and stationery items in bulk, but need you to provide simple toys (which must have a CE label) suitable for boys and girls in age groups 3-5yrs, 6-11yrs and 12+yrs. The toys don't have to be new, but must be in good condition and everything has to fit into an adult's size 5-8 shoebox,- which we'll need lots of. (Look at theteams4u website for details.) Each box costs £2.50 to send, so donations of money are vital too. We also have knitters working hard making hats & mittens for the boxes and if you would like to help them, we have patterns and some yarn (phone Linda on 01992 814177). Thank you for your help with this project in the past and we look forward to you, wherever you are in the Benefice, joining us this year, to hopefully do it all again. (Our annual "wrapping and packing" date is to be announced, if it's at all possible to hold it).

### **COUNSELLING SUPPORT**

The Association of Christian Counsellors is offering up to 10 sessions of counselling on a no-fee basis by telephone or online. These are available to those who have been working within the NHS who are directly impacted by COVID-19 including frontline medical staff, paramedics and those in ancillary roles in an NHS setting (e.g. nursing assistants, cleaners, porters, etc.) and anyone who has been bereaved during this time, whether related to the virus or not. The service can be accessed online by visiting [www.acc-uk.org](http://www.acc-uk.org) or by telephone on 0247 6443634.

### **PRAYER LINES**

I expect most of us have the "dumps" occasionally, especially at this awkward moment in life. A good cure is to phone some else who might have a dump day too, but it's hard to lift yourself up to do that.

Another George Appleton prayer:

Lord Jesus, by the loneliness of your suffering on the cross, be near to all who are desolate, and in pain and sorrow; let your presence transform their sorrow into comfort, and their loneliness into fellowship with you, for the sake of your tender mercy, Amen


### **NATIONAL PARLIAMENTARY PRAYER BREAKFAST**

This will take place on Tuesday 30th June, 8.30-9.00am. For the first time ever,

everyone is invited to attend as it's online. Join MPs, Peers, Ambassadors and Church leaders as they pray and speak on the theme "Hope and peace in a time of fear and suffering". It's FREE. To attend, visit [click here](#) to find out more and register for the event.

## **EPPING FOREST FOOD BANK**

The local food bank is still open and seeking donations of food and finances. At present there is a particular need for sponge puddings, meat pies, UHT milk, long life juice, instant mash, chocolate bars, snacks/crisps, washing up liquid, soap/shower gel, shampoo and conditioner. There is a box on the Vicarage step for donations which will be taken down to the collection point on behalf of the parishes.

**Vicar** Rev John Fry (Rest day Friday)  
The Vicarage, 2 Piercing Hill, Theydon Bois CM16 7JN  
01992 812744, [vicar@theydonparishes.org](mailto:vicar@theydonparishes.org);  @revjefry

**Associate Priest** Rev Carol Newnham (Benefice days: Sunday, Tuesday, Thursday)  
Theydon Garnon Vicarage, Fiddlers Hamlet, Epping CM16 7PQ,  
01992 676818, [associate@theydonparishes.org](mailto:associate@theydonparishes.org)

**Benefice Administrator** Sarah Bowen (Tuesday 9.00am-2.00pm, Wednesday 9am-12.30pm, Thursday 11.00am-2.00pm)  
01992 814725 [office@theydonparishes.org](mailto:office@theydonparishes.org)

## **Churchwardens**

**Theydon Bois** Mary Gill: 01992 813253, [mary200g@aol.com](mailto:mary200g@aol.com)  
Michael Palmer: 01992 815034, [mike\\_palmer17@btinternet.com](mailto:mike_palmer17@btinternet.com)

**Theydon Garnon** John Chaplin: 01992 813942, [charlie-chaps@hotmail.co.uk](mailto:charlie-chaps@hotmail.co.uk)  
Hilary Mosley: 01992 814616, [hilary.mosley@gmail.com](mailto:hilary.mosley@gmail.com)

**Theydon Mount** Jo Shephard: [jo.shephard30@gmail.com](mailto:jo.shephard30@gmail.com)

**Stapleford Tawney** Margaret Dennis: [margaretdennis@btinternet.com](mailto:margaretdennis@btinternet.com)

## **Booking Enquiries**

**St Mary's Church Hall** Sarah Rochester, [sarahrochester71@yahoo.co.uk](mailto:sarahrochester71@yahoo.co.uk)

**All Saints' Gate House** Kay Oakes-Ash, 01992 575828

The weekly Notice Sheet is available to view or download on our website:



**[www.TheydonParishes.org](http://www.TheydonParishes.org)**

